

Paringa Archers Newsletter



Target, Field and Indoor: 201 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania
www.paringa.archerytasmania.org.au

June 2024 Newsletter

President's Notes

Thank you to all the volunteers that are helping/helped with:

Shade project – Yann, Richard, Tony and Damien on the jack hammer.

Invictus day – Todd, Jeff, Ian, Rob, Wal, Shirley, Peter and Karen.

Tight groups,
Jeff Garner – president@paringaarchers.org.au

Congratulations Clint

Most of you know Clint Freeman, whose family are long-time members of the club. A new addition to the family arrived at the end of May with the birth of grandchild Grace Patricia, born to Clint's daughter Talylah. Congratulations Clint!

A little bit more Paringa History

The last newsletter mentioned that in 1975, Paringa Archers were using a club ground at the rear of St Leonards Hall but, continued use of these grounds was under a cloud. By March 1978 serious consideration was being given to other options. Elphin showgrounds were one contender, but they could only be used once per fortnight and also very expensive at \$1000 per year.

Other prospective grounds were at Glenwood road where a gun club used to be, and rent was only \$60 per year, Remount road where a rifle range was, and near where Becks Timber used to be in Racecourse Crescent.

It was deemed that the Glenwood Rd property was the best option, but it needed an access road, which the council would provide if a 10-year lease from the owner could be secured. By March 1979 things were getting desperate for a new ground as the St Leonards one had been ploughed in preparation for a new sports complex – not even the soccer club, also using the ground, had been informed!

Meanwhile, the Glenwood Rd site had been deemed too costly and not suitable. The club was now looking at ground near the boatyard on West Tamar Hwy – so getting closer to where we are now! But whilst this was happening, some land at the end of Hardwicke St in Summerhill had been set aside for recreation purposes and this appeared as a good proposition. Even to the stage of letters to the council and working bees being set up to prepare new grounds.

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In August 1980 however, the starting date of these new grounds was deferred, as it turned out a separate council committee had been planning an archery complex at the Trevallyn Dam. This Trevallyn Dam proposal was to end up being the start of the Paringa grounds as we know them today, but there was still a bit of work to do to get the grounds up and running in their current location. I will cover some of this in the next newsletter.

Invictus Come and Try

On Sunday 17th June, Invictus Australia, with the help of Paringa Archers, ran a come and try event for veterans and their families. A good turnout saw a full shooting line, with some indoor activities for junior participants. Launceston Mayor Matthew Garwood and his wife Michelle turned up with their daughter Billie to show encouragement and have a bit of a shoot – turns out they are pretty good shots! Guy Barnett and his wife Kate also came along for support. Despite some very chilly winter weather everyone had a great time. Thanks to all the members of Paringa who turned up to help with the event and to Jeff Garner and Karen who helped control the shooting line.



A full line of participants had a great day



The Invictus day saw Jeff and Pete practising for the National indoors!

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Competition News

Second and fourth Saturday shoots – Paringa

The second Saturday shoot started off with some pretty chilly weather, still, at least the fog had lifted! Despite the cold, it was still sunny for most of the shoot and 13 archers turned out for the event. There was only a short break between the two rounds, which turned out for the best, as the shooting line was getting pretty shady and chilly again by the end.

Most archers elected to shoot either a 20/720 or 30/720 round leaving only 3 to brave 40 and 50m. I finally got the hang of using the whistle for the shooting control and was looking for the opportunity to catch out Yann shooting before the whistle had gone, when I realised I nearly did the same myself!

A few archers managed to score over 300 in their respective rounds. Congratulations to Bill (20/720), Carolyn (20/720), and Mark (30/720).

The fourth Saturday still had chilly weather, and 10 brave souls shot various rounds over 15 ends. Good to see Steven and Terry back again, both shooting an AA 50/720 round, and obtaining Gold rating scores. Of those shooting the Newcastle round at 20m, congratulations to John and Roger who placed 1st and 2nd respectively, proving that Longbows can still hold their own among all those barebow recurves! Paul came in 3rd with his barebow. Yann and Tony were a bit braver than most and shot the 30m Geelong round. Peter chickened out and went and shot under the heaters in the indoor range!

Paringa Indoor QRE June 12

Another successful Indoor QRE was held on June 12. Like the Saturday shoot it was a bit chilly, but those indoor heaters were certainly welcome. Some good scores were shot once more, with Todd, Peter and Jeffrey Green all getting enough points to place 3rd in their respective National divisions at the time of this newsletter. Most improved for the night would have to go to Graeme Barber, who has just returned after recovering from a broken rib and managed to shoot his highest score so far with a 443. Well done!

Northwest Indoor Championships

In a lead up to the State and National Indoors, the Northwest Indoor championships were held on 22nd and 23rd June by Burnie Archers. Archers shot both a Double Aus Indoor and WA Indoor, both at 18m. Team Paringa was represented by Todd Bowerman, Jeff Garner and Peter Mulholland. Todd managed to put in another perfect 600 Double Aus round on the first day, Peter managed a PB with 466 in the same round, and Jeff put in a pretty respectable 490 in the WA 18m.

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A pretty happy Todd with another 600
Well Done!



Next newsletter will cover the State/National indoors. Good luck to all the Team Paringa members shooting.

Upcoming competitions

VDA will be hosting a Field QRE on the 20th July to raise money for AST members going to the World Field Championships in September. Registration for the Field QRE is available via Archers Diary, <https://archersdiary.com/EventEnrol.aspx?id=bf49fe99-7b17-40fc-8c94-ad29ea8a322f>

Don't forget you must create an account on Assemble Sports to register for events where registration is via Assemble Sports. This account is also required to renew your membership or to update your membership details. The link to create an account is here <https://account.archery.assemblesports.io/login>

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Social shoots

Monthly social shoot

This month started off with a social shoot and 14 members shared in usual friendly banter. After the break between rounds 10 archers decided to continue on into the second round. Once again, the barebow recurve shooters greatly outnumbered the rest. Dean decided to add to the mix by shooting barebow compound, and Ashley competed in sighted compound. The Emery trophy stayed put this month – a bit difficult to compare barebow compound scores with longbow. Although the average arrow scores were only 1 point difference between them!

Mini Clout

Another successful mini clout, this time trying a new, more central position for the clout target. Must have thrown a few shooters, as scores were down a bit on previous efforts – or maybe those very strong winds might have had something to do with it! At least the sun was shining.



Last end of the day – that wind was keeping the arrows short of their target!

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Paringa Decathlon

This month's decathlon came close to a wash out before it started, but thanks to a bit of good luck, the rain decided to stop, and the wind died down by starting time. As usual there was a good selection of challenging, but fun, targets. The spinning plates seemed to survive being hit by most of us, and I could swear those popinjays get further away each time! Even the mini clout target was a challenge, and those 3D animals are multiplying! The 'Loxley Challenge' target had its own difficulty – not only in the fact that the apex of that triangle was difficult to hit, but we had to remember Roman Numerals.

Great to see archers from Loxley turn up – even if Marion did manage to stop a clean sweep of the medals by Paringa! Speaking of medals, first for the day was Dean with 423, second Mark on 386 and third Marion with 256.

Overall, this was a fantastic shoot, and the BBQ at half time was certainly appreciated. Thanks to Roger and Dean for the work that goes into preparing this shoot and to everyone else who made it happen.



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Stabilisers

Novices to archery often question when seeing bows with numerous stabilisers sticking out of them, what on earth are they all for? This must seem puzzling, as many archers can shoot well without stabilisers. But, as we all know, give an archer a bow and a set of arrows and they will always find things to tinker with to get a better score!

Before the advent of stabilisers, even with more traditional equipment, bowyers and archers sought ways by which to reduce bow arm movement and make the shot more stable. To do this, more exotic and heavy woods were used in the handle (riser) of the bow, or metal inlays were added. Many top longbows of today still incorporate these methods.

In combination, stabilisers and attached weights reduce vibration from the bow and assist aiming. For example, some top compound archers who have trouble lifting the sight pin into the gold claim that adding weight to the back of the bow, or taking it off the front, will help lift the aim.

The first attachable and removeable stabilisers, date to the early 1960's, and were originally patented by Earl Hoyt Jr. These were connected to the top and bottom of the riser, and later, in the mid 1960's a centre stabiliser was added. When first introduced, rules dictated that the total length of stabilisation on a bow could not exceed the total length of the archer's arrow (eastonarchery.com).

Rules soon changed though, and stabilisers eventually got longer in an effort to balance the bow better. These photos, black and white from 1977 and the other from 1984 show typical earlier stabiliser set ups with multiple long rods out the front of the bow. Both bows are also set up with what was known as a v-bar so that shorter rods could be attached rearward. You still see v-bars, often on extensions in front of the bow, but it is rare to see long rods attached to the limb pockets anymore, although vibration dampeners and weights have taken their place.



Initially stabiliser rods were made of aluminium, with carbon rods being introduced in 1970. All sorts of set ups have been tried over the years. In an effort to increase dampening effects some archers used to fill long rods with sand or use flexible couplings for the weights rather than the more rigid rubber dampening devices. Some rods even had fluid inside – a bit of a problem when the fluid moved back and forward in the tube, or the viscosity changed with weather! I had a set of rear stabilisers that were just arrow shafts cut down to size, these reduced any vibration quite a bit, but went against all concepts of the rigid rods of today. Modern carbon stabilisers can be more technical than just a long tube with weights on the end and can be tapered, tuneable, or shaped to reduce wind resistance. There must be a difference in them all because a modern long stabiliser can range in price from under \$50 to over \$700!

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Of course, the benefits of a stabiliser system will depend on how it is set up and each archer and bow will be different. How you get set up will depend on a bit of trial and error, and it is probably a good idea to seek advice from a coach or other experienced archer on what to do. Just because one top archer can shoot with what looks like 5kg of weight hanging 1m out the front of their bow (don't try this by the way!) doesn't mean this is best for you – and certainly, don't rush out to buy that \$700 long rod without trying gear first! Remember that Clint shot the world's first 1400 90M FITA round in tournament with very little weight on his bow and only one relatively short rod out the front of the bow.

A lot more can be said about stabilisers, and you can still shoot well without them. If you chose to try various set ups though, remember there are rules attached:

- For recurve and compound, stabilisers and vibration dampeners are permitted but may not serve as a string guide, must not touch anything but the bow and must not represent any danger to other archers.
- Barebow recurve bows can use weights but when attached they must be able to pass through a 12.2cm ring when the bow is unstrung.
- Barebow compounds can use a single rod and dampening device of not more than 305mm in a straight line from the bow.
- Longbows are not permitted weights, rods or dampening devices other than the limb saver type or those fuzzy little fur balls you sometimes see attached to the string!

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Scheduled Events

Scheduled Paringa activities						
Day	Morning	Team	Afternoon	Team	Evening	Team
1 st Wednesday			Club 90 arrow shoot	Karen Neil	Come N Try, Coaching	Jeff Garner Clint Freeman
1 st Saturday	Social shoot		Social shoot	Roger Emery Dean Emery		
2 nd Wednesday					Club Indoor 18m	Jeff Garner
2 nd Saturday	Come N Try	Alex Johnston (Dos) Trudy Johnston John Dodos Emma Hutchinson	Club 72 arrow shoot	Jeff Garner		
3 rd Wednesday					Club Indoor 18m	Jeff Garner
3 rd Saturday	Mini Clout		Mini Clout	Roger Emery Dean Emery		
	Coaching		Coaching	Jeff Garner		
4 th Wednesday					Club Indoor 18m	Jeff Garner
4 th Saturday	Come N Try	Dean Emery (Dos) Debbie Draeger Tony Delphin Brian Swinton Peter Mulholland	Club 90 arrow shoot	John Dodos		
5 th Wednesday					Club Indoor 18m	Jeff Garner
5 th Saturday			Decathlon shoot	Roger Emery Dean Emery		

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Other Calendar Events for July

All entries via Archers Diary

- July 13 Target QRE 720 rounds Hobart Archers
- July 17 Indoor QRE Burnie Archers
- July 20 Field QRE (marked) Van Diemen Archers

Clint Freeman
Strings

Clint Freeman strings are made from the highest quality products from BCY fibers. With over 20 years of stringmaking experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 15 World records plus countless National and State records.

To help reduce any annoying creep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

STRINGS and CABLES

RECURVE - \$40 (made from #8125)

COMPOUND - \$40 (made from #X and #8190)

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (5 total)
(please allow one week)

\$115

STRING/CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$20

Colours currently available in #8125: Black

Colours currently available in #X: Black, Flo Yellow and Flo Green

Colours currently available in #8190: Black, Blue and Buck Skin

Please contact Clint Freeman by
email: freemancint@hotmail.com or mobile: 0467299051 to discuss your string needs.

TRAD ARCHERY SUPPLIES

CUSTOM ARROWS Hand built for you. Custom colours. Unique design.	CUSTOM STRINGS Flemish twist string Endless loop string High performance B55 or D97	TRADITIONAL EQUIPMENT Shooting gloves Recurve bows Quivers Arrow pullers String wax
FROM \$75	FROM \$35	P.O.A

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