



Target and Field: 201 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

September 2019

Special General Meeting

Just a reminder of the Special General Meeting to be held on 14th September at 12:30pm to vote on the adoption of the new Paringa Club Constitution.

We need a minimum of about 15 members to form a quorum to pass the motion so please attend wherever possible.

There is also a sausage sizzle to keep the hungries away while the meeting is on.

Member Profile

This is a new feature, that I would like run each month, showing a little about members of the club and their achievements.



Thank you to Michael Hinds for agreeing to be the first one aboard.

I joined Paringa Archers about 3 years ago because of my love for the sport.

I enjoy archery and compete in club shoots nearly every Saturday including the occasional QRE which is usually on a Sunday.

During my time at the club, I helped out on the line with the come and try for 1.5 years, since then I have become a club official which allows me to run a club shoot or local tournament, I am also on the committee of Paringa as the club Member protection officer.

My achievements in archery over the years consists of me obtaining a classification of Elite Bronze in outdoor target in years 2018 and 2019, and Grand Master bowman with my indoor shooting.

In 2018 I travelled to Perth WA and competed in the Australian open, it was a experience that was a real learning curve and enjoyable experience, I ended up ranking 22 which I was more than happy with.

Also in 2018 I entered the Tasmanian Championships, the cards fell my way and I took out day 1 with top score which I was ecstatic with, and to really top it off, I somehow took out day 2 in the knockout stage, not sure how I did it, but I was the last man standing which meant I won gold again, was a fantastic weekend coming away with 2 gold, I did not expect that to happen, but if you put in you never know what can be achieved.

In March of this year I set a new state record in the master WA 70/1440 double, with a score of 2691 which was formally held by Roger Cripps.

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I hope there will be many more happy archery stories for me to talk about in the future, many thanks to all my fellow club members, you all are a wonderful bunch of guys and girls, you all make the club such a wonderful club and I feel as it's my second home lol.

Michael Hinds



Michael's Trophies

The Archer



#257834605

The Latin word for an archer is "Sagittarius", (plural "Sagittarii") Hence the name of the Zodiac sign "The Archer"

Archery itself in Latin is "Toxophilus", an archer is sometimes referred to today as a "Toxophologist" which is incorrect, and a bad mixture of Latin and Greek!

Jeff Garner

Emma and Baby Tabitha



Emma and her baby Tabitha visited the range on Saturday 24th and Shirley was only too happy to give the baby a cuddle.



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Long Bow Shoot

The weather held off, so six of us 'real' archers turned up for the monthly event. This was really a lesson in archery by Rolfe and we will all took notes for next month.

There are still a lot of club members who have longbows and are not coming to the monthly shoot. They really do not know what they're missing.

There was of course, the usual light hearted banter (sledging). Michael Hinds would have loved it.

The scores were:

Rolfe	459
Richard	443 (with the new 55lb bow)
Wal	408
Brian	379
Paul Karosi	360
Jeff Garner	312

The next shoot will be on Saturday 21st September and I will put a red notice on the noticeboard. So ... wax your strings and be ready to challenge Rolfe.

Practice 12.30 pm
Shoot 1.00 pm
Range 30/25/20 – 9 ends -54 arrows – about 1 ½ hours.

Club fun shoot – just turn up and shoot.

Brian Swinton

Working Bee

A working bee has been scheduled for Sunday the 15th September, the day after our Special General Meeting.

The start time is 10am and the focus of the working bee will be the outdoor range.

2019 Tasmanian State and National Indoor Championship

At Paringa Indoor Centre 20/21st July. We had a good turnout for the Tasmanian leg of the national indoor championships which also incorporated the State championships.

41 entries from 36 people (some enter twice in different bow or age categories) meant for a busy couple of days.

Particularly pleasing were the 14 entries from Paringa – one of the best turnouts for some time. These included new archers Kelli Charles and Elliott Hilaire. Very brave to take on a national championship for their first ever tournament!

Rolfe de la Motte managed 3rd place in the Nationals as well as a state record in Master male longbow – well done Rolfe. Nick Heywood equalled the state and national record for the single AA round in open male compound – a perfect 300!

One low point was 7 archers deciding not complete their second round on Saturday afternoon due to a mix up in their shooting sequence causing them to lose their scores for two ends (potentially 60 points).

This is unfortunate but it has to be said that it is the archer's responsibility to know what is going on. The DOS (director of shooting) and the judges are there to ensure the rules are followed, not to spoon feed the archers. If in doubt, ask!

We also had a target QRE on the 18th August with 8 archers starting the round. One archer decided that he was having a bad day and retired so only seven actually

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completed the rounds. No earth shattering scores were shot but conditions weren't perfect.

The next Paringa event to look for is the Paringa Northern Clout (remember, if you want to know what it is, just ask) on 28th September. You need to enter this via the AA website at:

<https://eventdesq.sportstg.com/index.cfm?fuseaction=main&EventDesqID=30594&OrgID=8476>

Geoff Dyer

Tournament Coordinator/Club Recorder

Tasmanian National Results Individual Results

Full national results can be found at this link:
<https://archersdiary.com/ViewResults.aspx?id=50ec7194-97a9-4086-8b15-b4a2b81e59ae>

Sarah Haywood - Hobart Archers - 1st Female open recurve

Rolfe de la Motte - Paringa - 3rd Master male longbow

Ian Bessell - Burnie Bowmen - 1st Veteran male recurve and 3rd Master male recurve

Kevin Faulkner - Hobart Archers - 2nd Para archer male compound

Teams Open comp

Recurve Master/Veteran/vet+ team Tassie Tigers 1st

Compound Master/Vet/Vet+ team Tassie Masters 2nd

Teams RGB Comp

Recurve 4th

Paringa Club State Results

Full State results can be found at this link:

<https://archersdiary.com/ViewResults.aspx?id=6a33fcb8-20f9-4e6f-a49c-3c6a72336916>

Kelli Charles 2nd female open recurve

Nick Heywood 2nd male open compound

James Bramich 3rd male open recurve

Asher Anderson 3rd male open barebow recurve

Jeff Garner 2nd male master compound

Peter MulHolland 3rd male master compound

Rolfe de la Motte 1st male master longbow

John Dodos 1st male veteran longbow

Barrie Peers 2nd male veteran+ male longbow

Geoff Dyer

Tournament Coordinator/Club Recorder

Birthday Corner



Kimberley	Briscoe
Matthew	Cox
Michael	Dickson
Kaitlyn	Dickson
Denise	Frost
Tabitha	Malcolm
John	McKenzie



Archery Cartoon Corner



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Membership fees set at AGM 2018

		AA	AST	PAC	Total	STG	Total
1	Associate (non shooting)	\$ 24.00	\$ 1.00	\$ 31.00	\$ 56.00	\$ 1.94	\$ 57.94
2	Cub	\$ 60.00	\$ 35.00	\$ 166.52	\$ 261.52	\$ 10.19	\$ 271.70
3	Intermediate	\$ 60.00	\$ 35.00	\$ 166.52	\$ 261.52	\$ 10.19	\$ 271.70
4	Cadet	\$ 60.00	\$ 35.00	\$ 166.52	\$ 261.52	\$ 10.19	\$ 271.70
5	Under 20 (Minor)	\$ 60.00	\$ 35.00	\$ 166.52	\$ 261.52	\$ 10.19	\$ 271.70
6	under 20 (Senior)	\$ 90.00	\$ 50.00	\$ 230.67	\$ 370.67	\$ 14.33	\$ 385.00
7	Open	\$ 90.00	\$ 50.00	\$ 230.67	\$ 370.67	\$ 14.33	\$ 385.00
8	Mater	\$ 90.00	\$ 50.00	\$ 230.67	\$ 370.67	\$ 14.33	\$ 385.00
9	Veteran	\$ 90.00	\$ 50.00	\$ 230.67	\$ 370.67	\$ 14.33	\$ 385.00
14	Club Associate	\$ -	\$ -	\$ 230.67	\$ 230.67	\$ 10.15	\$ 240.82
15	Club Associate Junior	\$ -	\$ -	\$ 166.52	\$ 166.52	\$ 7.33	\$ 173.84
34	Life Member AA	\$ -	\$ 50.00	\$ 230.67	\$ 280.67	\$ 12.35	\$ 293.02
35	Life Member (Club and State)	\$ 90.00	\$ -	\$ -	\$ 90.00	\$ 1.98	\$ 91.98
36	Life Member (Club)	\$ 90.00	\$ 50.00	\$ -	\$ 140.00	\$ 4.18	\$ 144.18
37	Life Member (club) RGB and AA Associate (Non shooting)	\$ 24.00	\$ 1.00	\$ -	\$ 25.00	\$ 0.57	\$ 25.57
39	Life Member (RGB)	\$ 90.00	\$ -	\$ 230.67	\$ 320.67	\$ 12.13	\$ 332.80
50	Family of four - 1A 3M	\$ 180.00	\$ 105.00	\$ 537.75	\$ 822.75	\$ 32.24	\$ 854.99
51	Family of four - 2A 2M	\$ 180.00	\$ 105.00	\$ 666.06	\$ 951.06	\$ 37.89	\$ 988.95
52	Family of three - 1A 2M	\$ 180.00	\$ 105.00	\$ 435.39	\$ 720.39	\$ 27.74	\$ 748.13
53	Family of three - 2A 1M	\$ 180.00	\$ 105.00	\$ 563.70	\$ 848.70	\$ 33.38	\$ 882.08
54	Family of five - 2A 3M	\$ 180.00	\$ 105.00	\$ 768.42	\$ 1,053.42	\$ 42.39	\$ 1,095.81
	Temporary member (Under Instruction)			\$ 15.00	\$ 15.00	\$ 0.66	\$ 15.66
	Temporary member (Visitor)			\$ 15.00	\$ 15.00	\$ 0.66	\$ 15.66

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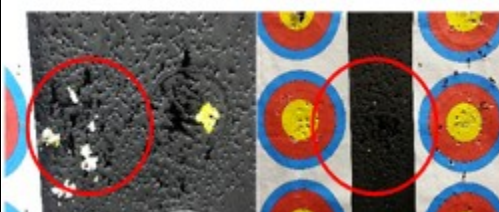
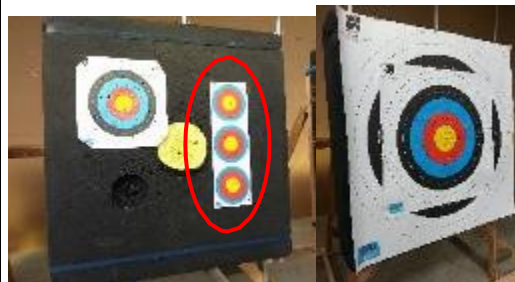


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Current Office Bearers

President	- Roger Emery
Vice President	- Rolfe de la Motte
Treasurer	- Jeff Garner
Secretary	- Graham Brown
Recorder	- Geoff Dyer
Schools Program Coordinator	- Jeff Garner
Group Bookings Coordinator	- Jeff Garner
Tournament Coordinator	- Geoff Dyer/ Rolfe de la Motte
AST Delegate	- Roger Emery
Club Coach- Compound	- Vacant
Club Coach—Recurve	- Jeff Garner
Public Relations	- Dean Emery
Public Officer	- Jeff Garner
Member Protection Officer	- Michael Hinds
Website Administrator	- Jeff Garner
Auditor	- Camerons Accountants and Auditors

And this is why we don't have nice things"



Do you think these contribute to increased target fees? Why shoot out a \$60 replaceable centre when you can shoot out a \$600 target butt!

Note:

Remember that broadhead arrows are not allowed in the indoor range. A broadhead mark has been found in the stramit wall behind the targets





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Do you know of a group that would love to have a go at archery (schools, corporate, birthdays etc)?

Organiser: Jeff Garner - m: 0411 878 658

Partner Daycare

Want to go fishing, shopping etc or just get some peace and quiet!

Drop your partner off with Paringa Archers on Wednesday nights or Saturday mornings,

Come N Try (Saturday and Wednesday)

Team 1

Wally Morphett
Shirley Morphett
Richard Barnes
Paul Malinowski

Team 3

Dean Emery
Brian Swinton
Graham Brown

Team 2

Andrew Fluck
Ben Millington
John Dodos

Team 4

Rolf de la Motte
Roger Emery
Nick Heywood

Come N Try Teams

Backups:

Jeff Garner, Geoff Dyer, Karen Neil, James Bramich, Asher Anderson

Wednesday night Come N Try's

1st and 3rd Wednesday.

1st Wednesday – Jeff Garner, Clint Freeman

3rd Wednesday – Roger Emery, Dean Emery

Thanks to these members for offering their time. A few volunteers still needed (we'd like to have 4 in each group). If you can spare one morning every four weeks please contact Roger Emery on rogeremery@bigpond.com

Organiser: Roger Emery and Teams

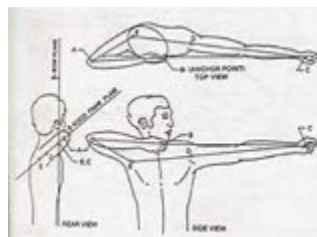
Member Club Coaching



The **Formaster** training aid is a

much miss understood device. Most people think it's supposed to force your body into the correct form for archery. This is not correct. The Formaster is a device you can use to get feedback on your archery form and help correct it.

We want correct archery form so that we are in the best position to handle the forces archery places on our upper body. This is not about being an Olympic archer but all about being able to shoot for many years without injury or discomfort. Rotator cuff, tendonitis and carpal tunnel syndrome are all injuries that can be associated with bad archery form.



Feedback with the **Formaster** comes from shooting an arrow while the device is attached to the bow. Correct form will have the arrow leave the bow in a straight line and land a few meters in front of the bow while the archer maintains their form.

If the arrow goes right/left or your bow arm elbow goes forward, then these are indicators of bad form or technique. With finger tabs you can have good form but still have a bad release causing a bad shot. You could also have incorrect bow hand pressure causing the bow to twist when you release.

It's not always one thing and informed feedback from a coach can go a long way to understanding what you need to work on.

For a simple explanation on back tension and

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Wish List

Some items that may be appropriate for **future consideration** by the committee.

Description	Est \$k
Line marker for range lines http://www.trulineaustralia.com.au/item-details.asp?CategoryID=40&ItemID=83	1.2

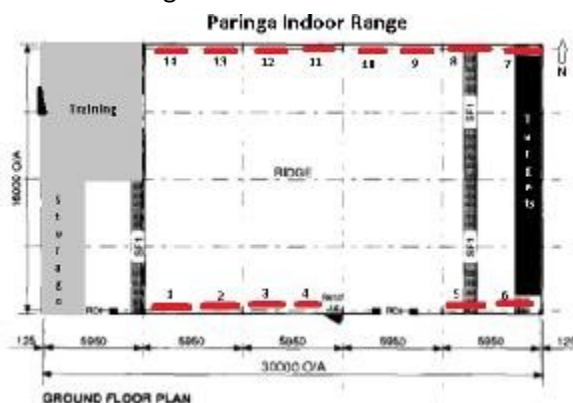
fo	Indoor – Carpet tile floor (480 sq m)	11
	Tarmac - car park	20
	Tarmac – Entry road	20
	Permanent Clout range	
	Workshop (in container)	2
	High speed cameras (x3) for Coaching	6
	Safety fence for west side of range	
	Wheeled leaf vacuum (range/indoor)	1.2
	Weather Station (Digital) for tournaments...	.4
	Small tools - maintenance	2

And see <http://paringa.archerytasmania.org.au/advertisin>



Advertise - Paringa Indoor Range

Do you know anyone that may like to advertise in the Indoor Range?



Each **signage space** (1.2m(h) x 2.4m (w) max) is priced at \$500 per year. Advertiser supply the sign and have the option for one or multiple years of advertising.

For more information please contact the Treasurer treasurer@paringa.archerytasmania.org.au

Clint Freeman

Strings

Clint Freeman strings are made from the highest quality products from BSCY fibers. With over 20 years of stringmaking experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 15 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

STRINGS and CABLES

RECURVE - \$40 (made from "8125")

COMPOUND - \$40 (made from "X" and "8190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (1/2 total)
(please allow one week)

\$115

STRING CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "8125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "8190": Black, Blue and Buck Skin

Please contact Clint Freeman by

email: freemanclint@hotmail.com or mobile: 0467299051 to discuss your string needs.

Editor: Graham Brown

Comments/Submissions: Grahamoz2@gmail.com

Club Website: www.paringa.archerytasmania.org.au Event Results: archersdiary.com

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Paringa Archers recommends you do not buy equipment off eBay, similar sites or Sports Stores, as bows need to be matched to the archer and arrows need to be matched to the bow.

Looking for that special gift?
Look no further!

Yes, the **Paringa Gift Card** says it all.



See Shirley at the club of a Saturday morning and secure one (bargain price of \$15) or more for that special someone.

