

Paringa Archery Club Newsletter

Join in, achieve and have fun.



Target and Field: 201 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

October 2017

To help make the newsletter relevant for you, please pass on any copy, comments, suggestions or submissions to the email in the footer or catch me at the club.

For what's happening at Paringa and Archery in Tasmania, see Paringa's [AST calendar](#)

This Month's Face of Paringa

Not a person but a supporting organisation.



The [Tasmanian Community Fund](#) (TCF) was established in 1999 following the sale of the Trust Bank. The Fund provides grants to not-for-profit organisations and is administered by an independent board.

Indoor Project

"Whatever good things we build end up building us". Jim Rohn

The Indoor Range Budget as at 30/10/17		
TCF	\$90,000	
Club funds		\$40,600
Shed (30m x 16m)	\$90,000	\$1,467
Electrical		\$20,886
Electrical trench		\$3,000
Fit out and Target frames		\$1,230
Targets		
Archery Equipment		
Secure Storage		\$4,380
Security System		\$6,000
Balance	\$0	\$3,637
Note: Sport and Rec grant not considered.		

30/10/17 – Tas Community Funds received \$90k.

27/10/17 – Builder estimated 20th Nov for slab to start and 1st Dec for shed kit to arrive on site.

18/10/17 – Deposit paid for shed kit \$20k

04/10/17 – Builder advised close to ordering shed. Just waiting on council.

Car Park Project

Grant submitted and awaiting outcome.

Rosario 2017 World Archery Youth Championships (2nd to 8th Oct)

Matthew Everett had a great time and gained a lot of experience.

16th Australian Masters Games



Target at Upper Burnie school grounds
Geoff D and Jeff G attended with good results and a fun time.



Geoff G with his Silver in Target, Nat Field, WA Field and a Gold medal in the Clout. Jeff G managed a silver in the Target and hit the clout, with his longbow, on the last end.

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Club Meetings

Last club meeting was held on Saturday 7th October 2018. There were no minutes available at the time of publishing this newsletter.

Next club meeting: See [calendar](#)

Organiser: President

End of Financial Year (31/10/2017)

The 2017 Paringa financial year was again one of limited spending and saving. All the volunteers work is about to pay off and the accounts (unaudited) reflect the effort made towards the Indoor Project and securing the Tas Community Fund grant \$90k.

Paringa Archers Launceston Inc - Balance Sheet as at 31/10/17

	2017	2016
Current Assets		
CBA Cheque Account	\$ 130,350.33	\$ 32,380.62
Indoor Facility Fund		\$ 23,320.05
CBA Term Deposit		
Cash on Hand	\$ 80.00	\$ 80.00
Total Assets	\$ 130,430.33	\$ 55,780.67
Net Assets	\$ 130,430.33	\$ 55,780.67
Equity		
Retained Profits	\$ 130,430.33	\$ 55,780.67

Paringa Archers Launceston Inc - Profit and Loss - Period Ended 31/10/17

	CTB	Cash	Total	\$ 74,979.14
Income				
BBQ	\$ 237.50	\$ -	\$ 237.50	
Canteen	\$ 316.00	\$ -	\$ 316.00	
Coaching	\$ 2,885.30	\$ -	\$ 2,885.30	
Come and Try	\$ 13,692.40	\$ -	\$ 13,692.40	
External Events	\$ 2,734.00	\$ -	\$ 2,734.00	
Grants and Misc	\$ -	\$ -	\$ -	
Grant - TCF	\$ 90,000.00	\$ -	\$ 90,000.00	
Grant - SR	\$ -	\$ -	\$ -	
Group Bookings	\$ 4,555.00	\$ -	\$ 4,555.00	
Income Misc	\$ 26.00	\$ -	\$ 26.00	
Indoors Project	\$ -	\$ -	\$ -	
Indoors	\$ -	\$ -	\$ -	
Interest	\$ 811.51	\$ -	\$ 811.51	
Member Fees	\$ 7,022.00	\$ -	\$ 7,022.00	
Merchandise	\$ 124.00	\$ -	\$ 124.00	
Tournament Fees	\$ 3,946.98	\$ -	\$ 3,946.98	
Total	\$ 126,350.69	\$ -	\$ 126,350.69	

Expenses			
Accounting Fees	\$ 550.00	\$ -	\$ 550.00
Administration	\$ 597.48	\$ -	\$ 597.48
Bank Fees	\$ -	\$ -	\$ -
BBQ	\$ 92.50	\$ -	\$ 92.50
Canteen	\$ 100.40	\$ -	\$ 100.40
Come and Try Equip	\$ 1,398.87	\$ -	\$ 1,398.87
Coaching	\$ 600.88	\$ -	\$ 600.88
Come and Try	\$ -	\$ -	\$ -
Electricity	\$ -	\$ -	\$ -
Event Trailer	\$ 302.50	\$ -	\$ 302.50
Expenses Misc	\$ 255.65	\$ -	\$ 255.65
External Events	\$ 486.91	\$ -	\$ 486.91
Group Bookings	\$ 2,654.99	\$ -	\$ 2,654.99
Grant - TCF	\$ -	\$ -	\$ -
Grant - SR	\$ -	\$ -	\$ -
Indoors Project	\$ 30,223.00	\$ -	\$ 30,223.00
Indoors	\$ 250.00	\$ -	\$ 250.00
Insurance	\$ 810.00	\$ -	\$ 810.00
Interest	\$ -	\$ -	\$ -
Maintenance Building	\$ -	\$ -	\$ -
Maintenance Grounds	\$ 170.49	\$ -	\$ 170.49
Member Fees	\$ 707.93	\$ -	\$ 707.93
Marketing	\$ 889.46	\$ -	\$ 889.46
Merchandise	\$ -	\$ -	\$ -
Rates	\$ 1,346.70	\$ -	\$ 1,346.70
Security	\$ -	\$ -	\$ -
Target Butts	\$ 1,391.08	\$ -	\$ 1,391.08
Target Faces	\$ 3,073.71	\$ -	\$ 3,073.71
Taxes	\$ -	\$ -	\$ -
Tournament AST Fees	\$ 1,017.00	\$ -	\$ 1,017.00
Tournament Fees	\$ 822.00	\$ -	\$ 822.00
Tournament Participation	\$ 2,385.00	\$ -	\$ 2,385.00
Trophies and Awards	\$ 1,245.00	\$ -	\$ 1,245.00
Water	\$ 329.48	\$ -	\$ 329.48
Total	\$ 51,701.03	\$ -	\$ 51,701.03
Expenses Difference	\$ -	\$ -	\$ -
Profit/-Loss			\$ 74,979.14

The below statistics, from the past five years, show clearly that the income generated by Paringa volunteers from non-members has allowed the club to achieve the Indoor Range goal while membership from members covers fixed overheads and some event costs.

	Participants				
	2013	2014	2015	2016	2017
Come and Try	652	1160	841	1067	995
Groups					
School	353	296	242	306	336
Corporate	276	198	101	64	90
Party	40	4	0	22	86
Total	669	498	343	392	512
External Events					
Deloraine Craft Fair	Unknown	549	750	238	
Deloraine Show	na	na	153	55	
SteamFest	0	418	no site	261	285
Camp Quality	unknown	Unknown	0	47	43
Tournamants					
Northern 900	16	18	29	16	17
Northern 1440	11	27	18	19	na
Northern Field	14	15	13	29	21
Northern Indoors	na	20	22	16	18
Northern Clout	na	7	9	14	7
AST Target	32	na	34	na	na
AST Field	na	na	30	na	32
AST Indoors	na	na	31	na	na
AST Clout	na	na	10	na	na
Silver Leprechaun	?	11	24	6	6
Tour Total	73	98	220	100	101
Column Total	1394	2723	2307	1768	1381
Running Total	1394	4117	6424	8192	9573

Looking forward, 2018 will see the club with the new Indoor Range increasing overheads (power

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and insurance) but also allowing all weather access to the facilities. I do not anticipate any increase in membership fees but have budgeted for greater paid participation by non-members.

The Sport and Recreation grant outcome will also be known by the end of Jan 18. if the grant is approved (no guarantees), then the club will have \$62,000 plus summer income less \$15,000 contingency to spend on other projects. (Estimated at \$52k) If not approved, then 2018 will be another tight year on expenditure.

Working Bees

"We make a living by what we get but we make a life by what we give." Winston Churchill



Turbo inspects Richard Bs clean-up of the mud and leaves, from the veranda, after the recent rain.

On the 4th October an impromptu working bee was held to burn the felled tree foliage.



Barry P, John D, Wal M, Shirley M, Rolfe (for a while) and myself burned the foliage on two fires in about five hours.



Just the smouldering piles left.

The Friends of Trevallyn Reserve working bee is for ~~October 15~~ **December 3rd 10-12** (with archery afterwards). Rolfe

Jobs To-do

- Field Course
 - 80 – 60cm butt replacement with old range BCE butts. Wrap with pallet wrap.
 - Bugs eye butts replaced with new foam butts. Target 4
 - Lower target 3
 - Replenish signage and lane barriers
 - Clear fallen trees/branches.
- Target Range
 - Replace wheels falling off with new design.
 - ~~Target numbers above butts~~
 - Repair stramit butts
 - Repair trolley tyres.
 - Add shade cloth barrier to mound
- Club House
 - ~~Repair signage.~~
 - Front gutter blocked.
- Ext Trailer
 - ~~Grease bearings~~
 - ~~Replace tyres~~
- Removal of non-native and weed vegetation
 - Coordinate with the [Friends of Trevallyn Reserve](#) to identify and remove. Rolfe.

Next Working Bee: See [calendar](#)

Organiser: All members

Riverside Lions Club Talk

On Monday 16th October, I did a guest speaker talk at the Riverside Lions Club meeting.

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The talk was all about the club's community focused activities with some discussion of different bow types at the end. (I took some example bows)

The President said they would come up for a group session once the indoor is built and would be interested in running their food van at the indoor opening.

Also, one member mentioned the MG car club may be interested in a group booking.

All in all it was well received, a good networking opportunity and exposure for the club.

Groups

n groups this month, for a total of nn participants.

Do you know of a group that would love to have a go at archery (schools, corporate, birthdays etc)?

Organiser: Jeff Garner - m: 0411 878 658

Come N Try

Come N Try Teams

Team 1

Wally Morphett
Shirley Morphett
Richard Barnes
Tim Smallbon

Team 3

Brian Swinton
James Barker
Michael Hinds

Team 2

Andrew Fluck
Damian Clark
(John Dodos)

Team 4

Rolfe de la Motte
Geoff Dyer
Nick Heywood

Backups:

Jeff Garner, Caitlin Street

Thanks to these members for offering their time. A few volunteers still needed (we'd like to have 4 in each group). If you can spare one morning every four weeks please contact Rolfe on 0409 686 911 or rolfe.delamotte@gmail.com

Organiser: Rolfe de la Motte and Teams

Wish List

Some items that may be appropriate for **future consideration** by the committee,

Description	Est \$k
Line marker for range lines http://www.trulineaustralia.com.au/item-details.asp?CategoryID=40&ItemID=83	1.2
Indoor –Southwest corner target face rack	.2
Indoor – Floating floor (480 sq m @ \$45)	21.6
Indoor - Widescreen monitor and computer	4
Indoor – Security Monitoring + web cams	6
Tarmac - car park and entry road	40
Permanent Clout range	
Workshop (in container/Club house)	
High speed cameras (x3) for Coaching	
Pole with windsock	.3
End of range safety barrier	3
Safety fence for west side of range	
Ride on 4wd mower with trailer	15
Wheeled leaf vacuum (range/indoor)	1.2
Weather Station (Digital) for tournaments4
Vacuum cleaner (Wet/Dry)	.2

Members

Zero new members since 1/10/2017.

Please make our new members feel welcome when you see them around the club.

Membership over the last five years

Year	New	Expired	Total
2017	23	11	69
2016	16	13	57
2015	21	17	54
2014	18	28	64
2013	22	11	53

Member Club Coaching

Enjoyment and Anxiety

These are the two things that have a profound impact on our sport. We do archery because we enjoy it and some of us end up at club shoots, tournaments and even international tournaments representing Australia.

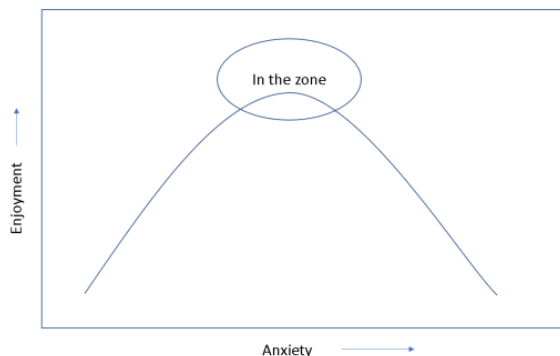
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The balance of enjoyment and anxiety is a tricky one and everyone handles situations in their own way.



The idea is to shoot "in the zone" around the peak of the above curve for events that are important to you.

How you achieve this is a personal journey but Clint Freeman's advice of "**Practice like you shoot and shoot like you practice.**" is a great start. It simply means do the same thing when you practice as when you shoot an event. Watch what you eat, drink and have the same routine for preparation, setup, shooting, pack up and wind-down.

How does a coach know this balance is out? The archer says things like "*I can do this at practice but not at a tournament*" or "*The practice ends were okay but the first scoring end was terrible*" etc.

Archers always put pressure on themselves to get personal bests or win. The first few times you try something new should be taken as a learning experience without the pressure of performance.

That way you still get the enjoyment before you knuckle down to achieve your performance goals.

"As long as I can focus on enjoying what I'm doing, having fun, I know I'll play well." — Steffi Graf (Tennis player)

Keep an eye on the [club calendar](#) for the Saturday afternoons when the Club coach will be at Paringa.

Organiser: Club Coach

[PARINGA ARCHERS / ARCHERY SOCIETY TAS \(AST\) EVENTS CALENDAR link](#)

Camp Quality - Junior Camp 2017

Another successful visit to Camp Quality at Port Sorell on Saturday 7th October. Wal M, Shirley M, Lyn G and myself ran a Come N Try for the kids and companions from 9am to noon with some trophies given out at lunch time, for the best archers.



All setup and ready for the first group.



The new "littlies" bow set attracted some interest as well.

One of the companions was a police sniper and said he defiantly wants to give archery a go now. It's a pity he was from Hobart.

Club Shoots

When: Most Saturday afternoons (See [Calendar](#))
Organiser: Rolfe de la Motte

Midweek Twilight Shoot

The first Twilight shoot for 2017 managed to dodge the predicted rain with six archers taking on the cool night air.

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Twilight series starting 4th October.

Organiser: Brian Swinton

QRE (WA)

Organiser: QRE Official

Target (WA)

Organiser: Tournament coordinator

Indoor (WA)

Organiser: Tournament coordinator

Field (WA)

Organiser: Tournament coordinator

Clout (AA)

Organiser: Paul Malinowski

All results at archersdiary.com/EventResults.aspx

Rabbit of the Month

For things members occasionally do but probably wish they hadn't.

Overheard around a recent fire!

Person1: "We should have had the tree guys fell and get rid of the trees, so we didn't have all this work in cleaning up."

Person2: "The Treasurer is a tight #S@&^"

Person3: "I think the treasurer must have had a blond moment"

A "funny" thing happened on the way to Camp Quality.



If the Treasurer wasn't such a "scrooge" we could have had new tyres on the Paringa trailer before this happened.

Luckily Daniel Y had provided the club with a spare and that was in the trailer.

The Treasurer is beginning to see a theme here 😊.



Time to spend, maybe!

The Final Say

Paringa Archers Committee

President	Rolfe de la Motte
Vice President	Tim Schwabe
Treasurer	Jeff Garner
Secretary	Caitlin Street
Recorder	Geoff Dyer
Schools Prog Coordinator	Jeff Garner
Group Bookings Coordinator	Jeff Garner
Tournament Coordinator	Andrew Fluck
QRE Official	Geoff Dyer
AST Delegate	Andrew Fluck
AA Club Coach - Compound	Jeff Garner
AA Club Coach - Recurve	Jeff Garner
Public Relations	Jeff Garner
Public Officer	Caitlin Street
Member Protection Officer	Caitlin Street
Web Administrator	Jeff Garner
Auditor	Camerons

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Clint Freeman

Strings

Clint Freeman strings are made from the highest quality products from BCY fibers. With over 20 years of string making experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 13 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

STRINGS and CABLES

RECURVE - \$40 (made from "X" and "S125")

COMPOUND - \$40 (made from "X" and "S190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (\$ total)
(please allow one week)

\$115

STRING/CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "S125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "S190": Black, Blue and Buck Skin

Please contact Clint Freeman by

email freemanclint@hotmail.com or mobile: 0467299051 to discuss your string needs.

Club members receive 5% discount at Benson Archery when quoting club number: **BA013**

Proudly supporting your archery club

164 - 166 Parramatta Road, Granville, NSW 2142 - 02 9682 3080
www.bensonarchery.com.au - info@bensonarchery.com.au

Valid for 2017

bensonarchery.com.au

Looking for that special gift? Look no further!

Yes, the **Paringa Gift Card** says it all.

See Shirley at the club of a Saturday morning and secure one (bargain price of \$15) or more for that special someone.

No. 51 Valid for 12 months from 22.1.3.2017

PARINGA ARCHERS LAUNCESTON

This voucher can be used for 1 person x 1 session at a

'COME N TRY' ARCHERY SESSION

SATURDAY MORNINGS 9:30-12:00

Signed: *[Signature]*

www.pats-archery.com

Mt Nelson Tas [Website link](#)